



Second Skin Clinic at:

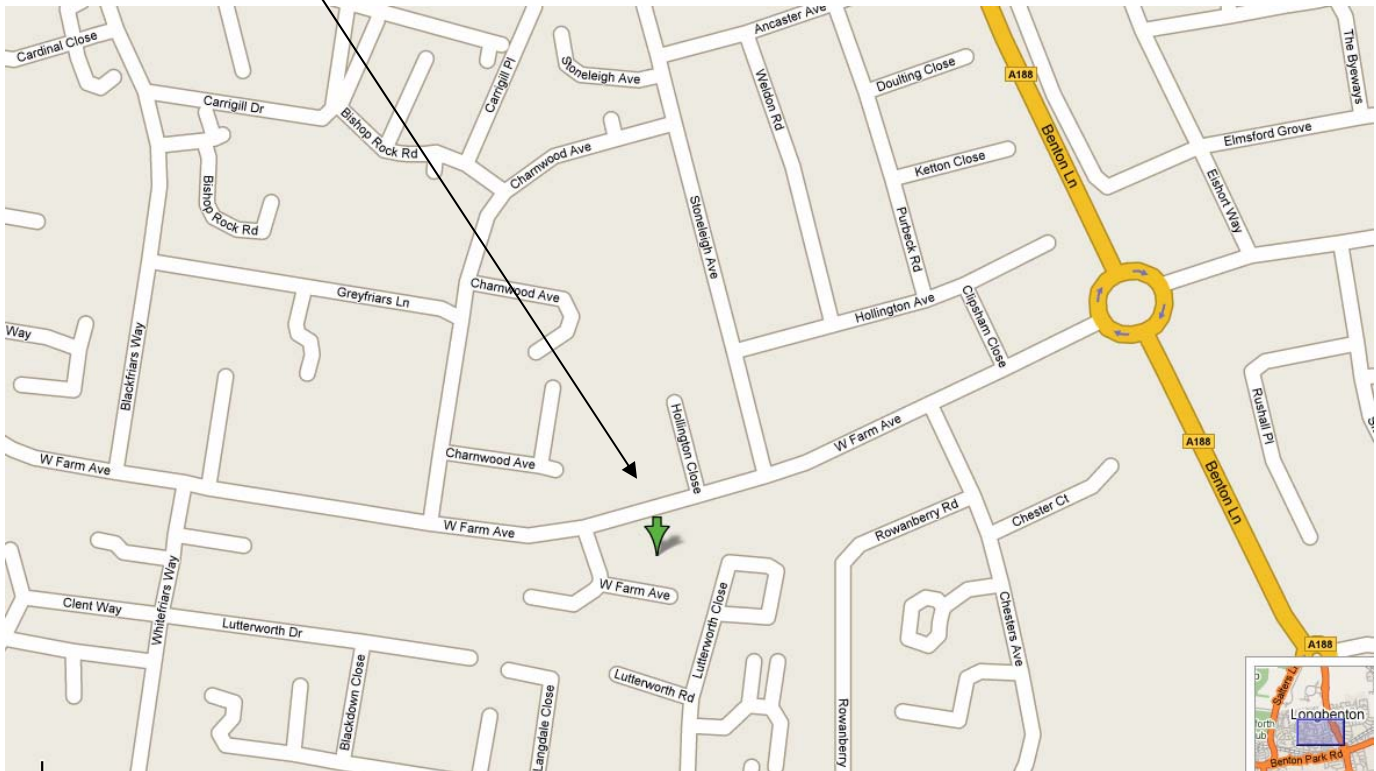
OXFORD CENTRE
West Farm Avenue
LONGBENTON
NEWCASTLE UPON TYNE NE12 8LT
Tel: 0191 200 7540 Fax: 0191 200 7538
<http://www.northtyneside.gov.uk/commcentres/oxford.htm>



LOCATION:

The Oxford Centre in Longbenton is located near the centre of Newcastle Upon Tyne, in the heart of the UK. Getting there couldn't be easier with Newcastle's motorway links, direct public transport and extensive car parking adjacent to the building.

How to get there....



By Car

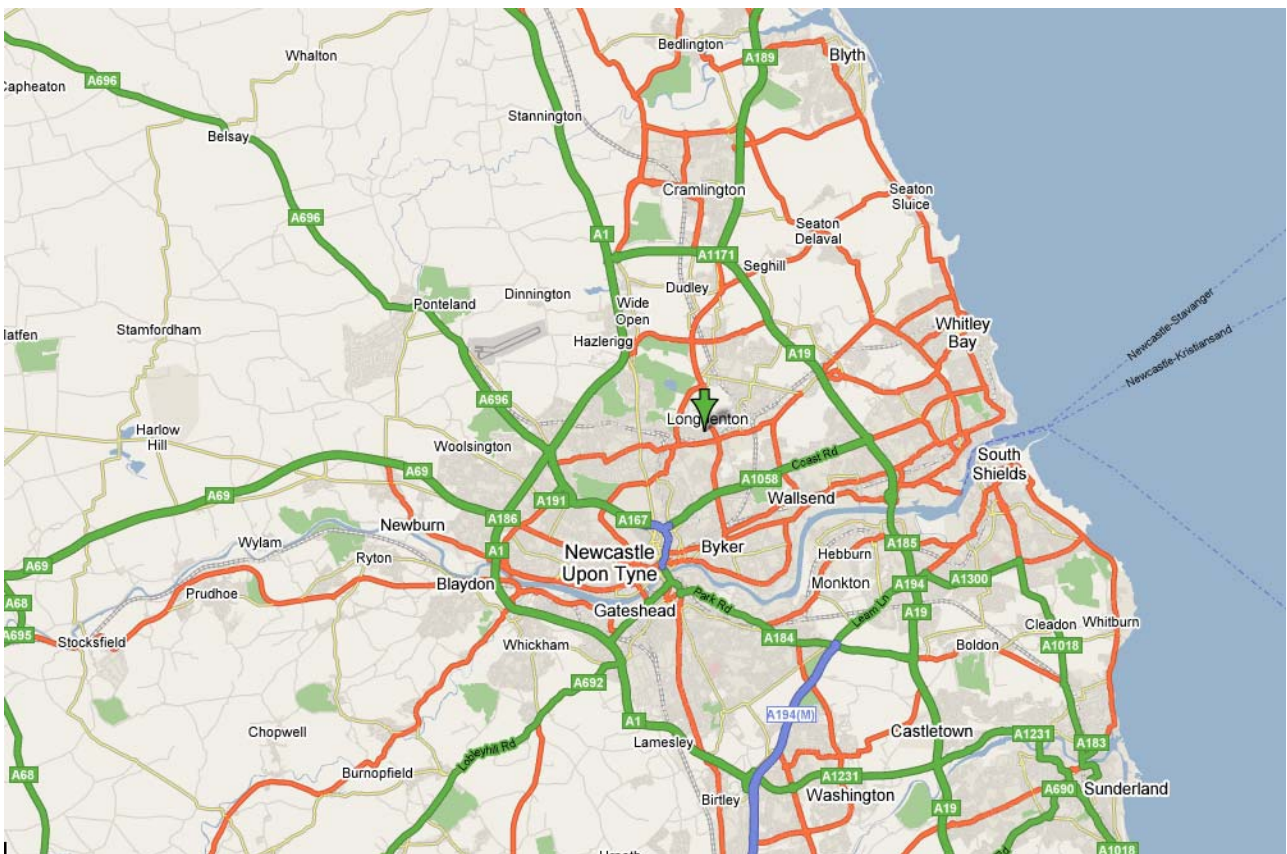
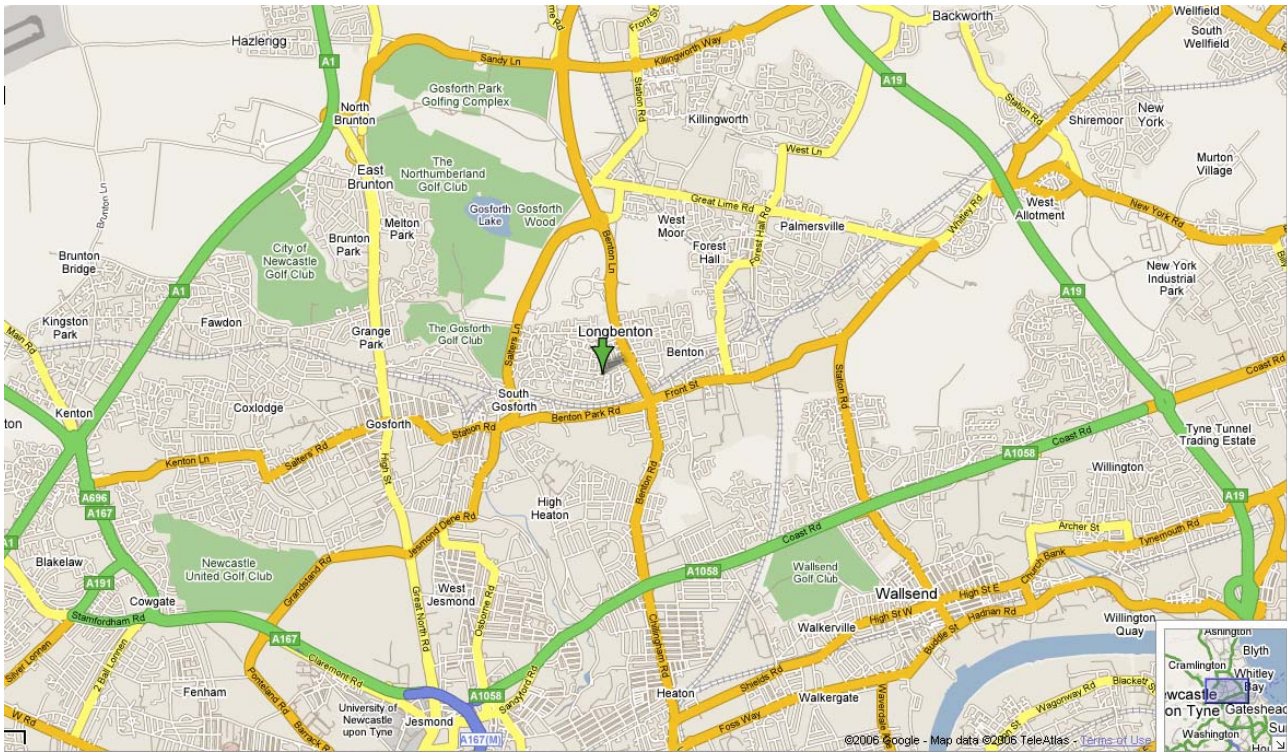
The Oxford Centre in Longbenton is located 8 miles from Newcastle airport. Head along the A191 and come off at the A188. However, it would be best to use a facility like the AA online guide to direct you to Longbenton and West Farm Avenue, depending on the direction you are travelling from to reach us.

Parking

We have 13 disabled bays (8 x at the front of the building and 5 x in our rear car park) and you can spend up to 3 hours in the bays for the shops at the front of the building (lots of space there) without penalty.

By Public Transport

The Metro system is one of the easiest ways of getting to the Oxford Centre. From Newcastle Central Station you can catch a Metro direct to Longbenton Station. Come out of the station, passing the Innisfree Social Club on your left and proceed down Roseberry Drive until you reach the Boulevard shopping area. Pass between the two towers and the Oxford Centre is on your right across the car park. It takes about 5 minutes walking time from the Metro station. Similarly, you can travel by Metro from the airport. Get off at South Gosforth, cross over to the other platform and Longbenton is the first stop.



FAQ:

What if I get lost? Please call 0191 200 7540 and ask for assistance.

What do I have to bring to clinic? Just a smile and no worries...(+ this paper)

What if I am late? Please ring 07767 263801 and ask for Cathy