

SECOND SKIN REFERRAL

A GUIDE ON HOW TO PREPARE YOUR DIGITAL FOOTAGE



Your digital footage is a very important part of the referral process that assists us with the pre-clinic assessment. Our therapist's observe muscle tone, posture and functional skills which are the key areas targeted in Second Skin Splinting.

They will feed back their recommendations once the footage has been reviewed.

Please follow these guidelines when taking digital footage

- ✚ Digital footage can be sent by email or posted on CD/DVD.
- ✚ 5 minutes of footage is sufficient.
- ✚ For clients who have had a CVA (stroke) or a non-functional hand, still digital photos via email are sufficient.
- ✚ Please ensure to provide full details of the individual shown i.e., name, date of birth and contact details.
- ✚ Please introduce the client at the beginning of the footage.
- ✚ **IMPORTANT:** after recording and/or transferring the footage onto a media, make sure you can play/view the video on a computer or home video player. **TIP:** If you are recording directly onto a DVD, make sure you 'finalize' your DVD at the end of recording.

What should be worn in the footage?

- ✚ To maximise clinical observations, we require **children** to be shown in their nappies, underclothes or swimmers. When taking footage at school, please remove as much clothing as possible, as it is critical that we see muscle tone and patterns of movement.
- ✚ We require **adults** to be shown in underclothes.
- ✚ Footage taken from the front, back and sides of the client is essential for showing postural/spinal asymmetry issues.

What should be included in the footage?

It would be helpful to see the client in the following situations as appropriate to their abilities:

- ✚ Sitting and standing with or without supports.
- ✚ Any of the equipment they commonly use.
- ✚ Walking, if appropriate.
- ✚ Reaching to grasp and release objects.
- ✚ Switch access, computer access or communication aide access.
- ✚ Any particular skill areas you would like to focus on.

THANK YOU FOR YOUR TIME AND EFFORT